


Summer Menu

Monday

Butternut Squash and Coriander Soup (V)
Freshly baked bread(V)


Beef Bolognese*

Vegetable Bolognese (v)

Garlic Flatbread (v) 
Green Beans (v)
Carrots (v)

Fresh Pasta (V)
Fusilli and whole meal
Fresh tomato sauce (V)

Grab and Go

Baked potato (V) 
Grated cheese / baked beans
tuna mayo

Subs and sandwiches
Ham, cheese, pastrami, tuna mayo,
Tomato, red onion, gherkins, olives, jalapenos

Freshly made salad bowls daily
Mixed leaves / tomatoes / cucumber / peppers
/ grated carrot / sweetcorn

Yoghurt(V)
Chocolate mousse(V)
Assorted jelly pots(V)
Fresh fruit salad pot (V)
Fruit Basket(V)


Jam & Coconut Sponge (V)

Tuesday

Red Lentil Soup (V)
Freshly baked bread(V)

Greek Grilled chicken *
(Gyros)
onion and tomato dressing
in tortilla

Greek Falafel & Chickpea (V)
(Gyros)
onion and tomato dressing
in tortilla


Garden Peas (V)
Mange tout (V) 

Fresh Pasta (V)
Fusilli and whole meal
Fresh tomato sauce (V)

Grab and Go

Baked potato (V) 
Grated cheese / baked beans
tuna mayo

Subs and sandwiches
Ham, cheese, pastrami, tuna mayo,
Tomato, red onion, gherkins, olives, jalapenos

Freshly made salad bowls daily 
Mixed leaves / tomatoes / cucumber / peppers
/ grated carrot / sweetcorn

Yoghurt(V)
Butterscotch mousse(V)
Assorted jelly pots(V)
Fresh fruit salad pot (V)
Fruit Basket (V)


Raspberry yoghurt cake (V)


Wednesday

Squash and Honey soup (V)
Freshly baked bread(V)


Beef Lasagna *
Garlic bread (v)

Vegetable Lasagna (V)


New potato (v) 
Cabbage (v)
Baton Carrots (v)

Fresh Pasta (V) 
Fusilli and whole meal
Fresh tomato sauce (V)

Grab and Go

Baked potato (V) 
Grated cheese baked beans
tuna mayo

Subs and sandwiches
Ham, cheese, pastrami, tuna mayo,
Tomato, red onion, gherkins, olives,
jalapenos

Freshly made salad bowls daily 
Mixed leaves / tomatoes / cucumber /
peppers / grated carrot / sweetcorn

Orange jelly pot (V)
Mousse (V)
Fresh fruit salad pot (V)
Yoghurt bar (V)

Cornflake Tart & Custard(V)

Vegetarian- Thursday

French Onion Soup (V)
Freshly baked bread(V)


Mediterranean Mac n Cheese (V)

Cheese and Red Onion Quiche (V)


Potato Wedges (V)
Sweetcorn (V)
Cauliflower, Leeks (V)

Fresh Pasta (V)
Fusilli and whole meal
Fresh tomato sauce (V)

Grab and Go

Baked potato (V) 
Grated cheese / baked beans
tuna mayo

Subs and sandwiches
Ham, cheese, pastrami, tuna mayo,
Tomato, red onion, gherkins, olives, jalapenos

Freshly made salad bowls daily
Mixed leaves / tomatoes / cucumber / peppers
/ grated carrot / sweetcorn 

Yoghurt(V)
Strawberry mousse(V)
Assorted jelly pots(V)
Fresh fruit salad pot (V)
Fruit Basket (V)

Apple Pie (V)


Friday


Spicy Parsnip Soup (V)
Freshly baked bread (V)

Pepperoni Pizza

Cheese & Tomato Pizza (V)


Fries (v)
Baked beans, Peas (v)

Fresh Pasta (V) 
Fusilli and whole meal
Fresh tomato sauce (V)

Grab and Go 

Baked potato (V)
Grated cheese / baked beans
tuna mayo

Subs and sandwiches
Ham, cheese, pastrami, tuna mayo,
Tomato, red onion, gherkins, olives, jalapenos

Freshly made salad bowls daily 
Mixed leaves / tomatoes / cucumber / peppers /
grated carrot / sweetcorn

Yoghurt(V)
Chocolate mousse(V)
Assorted jelly pots(V)
Fresh fruit salad pot (V)
Fruit Basket (V)

Assorted Desserts

(V) Vegetarian
* Halal available

WEEK 3

All our meals are freshly made