

# Spring Menu



## Chinese New Year Monday

**Tom Tum Soup (V)**   
Freshly Baked Tomato Bread (v)

**Ni Hao Chicken**

**Char Sui Pork**  
With Asian Broth

Ni Hao Vegetables (V)   
Noodles (V)  
Salt & Pepper Chips

**Fresh Pasta (V)**  
Fusilli and Whole Meal  
Fresh Tomato Sauce (V)

### Grab and Go

**Baked Potato (V)**  
Grated Cheese  
Baked Beans (v)  
Tuna Mayo

**Subs & Sandwiches**  
Ham, Pastrami, Tuna Mayo, Chicken, Cheese  
Tomato, Red Onion, Gherkins, Olives, Jalapenos

Freshly made Salad Bowls Daily  
Mixed Leaves / Tomatoes / Cucumber / Peppers  
/ Grated Carrot / Sweetcorn

Assorted Jelly Pot (V)  
Assorted Mousse (V)  
Yoghurt Bar (V)  
Fruit Basket (V)

**Waffle & Ice Cream (V)**

## Tuesday

**French Onion Soup (V)**  
Freshly Baked Bread (v)

**Chicken Tikka\***

**Sweet Potato & Butterbean Tikka (V)**

Bombay Potato  
Rice (v)  
Sweetcorn (v)  
Peas (v)

**Fresh Pasta (V)**   
Fusilli and Whole Meal  
Fresh Tomato Sauce (V)

### Grab and Go

**Baked potato (V)**  
Grated Cheese  
Baked Beans (v)  
Tuna Mayo

**Subs & Sandwiches**  
Ham, Pastrami, Tuna Mayo, Chicken, Cheese  
Tomato, Red Onion, Gherkins, Olives, Jalapenos

Freshly made Salad Bowls Daily   
Mixed Leaves / Tomatoes / Cucumber /  
Peppers / Grated Carrot / Sweetcorn

Assorted Jelly Pot (V)  
Assorted Mousse (V)  
Yoghurt Bar (V)  
Fruit Basket (V)

**White Chocolate & Raspberry Blondie (V)**

## Wednesday

**Earthy Squash Soup (V)**   
Freshly Baked Cheese Bread (v)

**All Day Breakfast**  
(Bacon & Sausage)

**Vegetarian Breakfast (V)**

Hash Browns (v)  
Bakes Beans (v)  
Button Mushrooms (v)  
Chopped Tomatoes (v)  
Breakfast Muffin (v)

**Fresh Pasta (V)**   
Fusilli and Whole Meal  
Fresh Tomato Sauce (V)

### Grab and Go

**Baked potato (V)**  
Grated Cheese  
Baked Beans (v)  
Tuna Mayo

**Subs & Sandwiches**  
Ham, Pastrami, Tuna Mayo, Chicken, Cheese  
Tomato, Red Onion, Gherkins, Olives,  
Jalapenos

Freshly made Salad Bowls Daily   
Mixed Leaves / Tomatoes / Cucumber  
/ Peppers / Grated Carrot / Sweetcorn

Assorted Jelly Pot (V)  
Assorted Mousse (V)  
Yoghurt Bar (V)  
Fruit Basket (V)

**Cornflake Tart (V)**

## Vegetarian-

### Thursdays

**Spicy Tomato Soup (V)**  
Freshly Baked Bread (v)

**BBQ Quorn & Vegetable (V)**

**Butternut Squash & Feta Bake (V)**

Garlic Slice (v)  
Kale (v)  
Carrot (v)  
Potato Wedges (v)

**Fresh Pasta (V)**  
Fusilli and Whole Meal  
Fresh Tomato Sauce (V)

### Grab and Go

**Baked potato (V)**   
Grated Cheese  
Baked Beans (v)  
Tuna Mayo

**Subs & Sandwiches**  
Ham, Pastrami, Tuna Mayo, Chicken, Cheese  
Tomato, Red Onion, Gherkins, Olives,  
Jalapenos

Freshly made Salad Bowls Daily   
Mixed Leaves / Tomatoes / Cucumber  
/ Peppers / Grated Carrot / Sweetcorn

Assorted Jelly Pot (V)  
Assorted Mousse (V)  
Yoghurt Bar (V)  
Fruit Basket (V)

**Lemon Tart (V)**

## Friday

**Mixed Vegetable Soup (V)**   
Freshly Baked Onion Bread (v)

**Quarter Pounder Beef burger**

**Southern Vegan Burger (V)**

French Fries (v)  
Garden Peas (v)  
Baked Beans (v)

**Fresh Pasta (V)**   
Fusilli and Whole Meal  
Fresh Tomato Sauce (V)

### Grab and Go

**Baked potato (V)**  
Grated Cheese  
Baked Beans (v)  
Tuna Mayo

**Subs & Sandwiches**   
Ham, Pastrami, Tuna Mayo, Chicken, Cheese  
Tomato, Red Onion, Gherkins, Olives,  
Jalapenos

Freshly made Salad Bowls Daily   
Mixed Leaves / Tomatoes / Cucumber  
/ Peppers / Grated Carrot / Sweetcorn

Assorted Jelly Pot (V)  
Assorted Mousse (V)  
Yoghurt Bar (V)  
Fruit Basket (V)

**Assorted Desserts (V)**

(V) Vegetarian  
\* Halal available

**WEEK 3**

*All our meals are freshly made*