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Primary High Notes Friday 16th May 2025

Dear Parents

In my assembly yesterday I explored a simple but powerful idea, that our words matter, and once spoken, they cannot always be taken back.

To demonstrate this, I challenged 3 pupils to try and put toothpaste back into a tube after it had been squeezed out. Unsurprisingly, they found it almost impossible! This fun but frustrating task helped us all reflect on how, just like the toothpaste, our words, whether kind or unkind, cannot be easily undone once they are out in the world.

We talked about the importance of thinking before we speak and choosing words that build others up, rather than tear them down. I shared a quote from *The Boy, the Mole, the Fox and the Horse* by Charlie Mackesy that says it all:

“What do you want to be when you grow up?”

“Kind,” said the boy.

A beautiful reminder that of all the things we can aim to be, being kind is one of the most important.

As we head into the weekend, I hope this message stays with our pupils, encouraging them to speak thoughtfully, act kindly, and understand the power their words have to make a positive difference.

Best wishes,

Amy Chapman

Head

Cricket Fixture at Denstone

On Tuesday, two hardball cricket teams and three Kwik cricket teams comprising of pupils from Year 4 to Year 6 travelled to Denstone to play in a friendly fixture in the beautiful sunshine. It was a hot afternoon, but all of the pupils performed to the best of their abilities and worked hard for their teams.

Both hard ball teams won their games, and demonstrated some excellent team work with their fielding decisions and strategies. The batting was also successful, getting plenty of runs including some 4s and 6s. The staff accompanying these teams were very impressed with their collaboration and team work throughout the afternoon - their cricket knowledge and experience was clearly evident!

There was one win in the Kwik cricket games, with team 2 taking a win of 103 runs to 83 runs! Team 1 closely lost in a tight game of 264 runs to 241 runs, and Team 3 were also tight with Denstone scoring 75 runs to 46 runs. There was plenty of excellent batting, making good contact with the ball on some occasions some close decisions of whether to run or not to run! Everyone also had the opportunity to bowl for one over at time in their game, and there were some fantastic techniques on show. A real pleasure to watch.

A huge well done to everyone who took part!



Streetwise 360 Visit

This week, our Primary classes had a special visit from **Andy at Streetwise 360**, who came to talk to the children about how to **stay safe in different situations**.

Andy led a fun and interactive workshop where the children were able to join in and talk about **real-life scenarios** in a safe and age-appropriate way. The aim was to help them think carefully about the choices they might make if something unexpected happens.

Some of the important topics included:

- What to do if a stranger approaches them
- How to keep safe when using public transport
- What to do if someone tries to take their phone
- Staying safe around people they don't know

- How to walk away from tricky or uncomfortable situations

Everything was explained in a way that the children could understand, with lots of chances to ask questions and share their thoughts. The workshop helped build their confidence and gave them practical ideas for what to do to stay safe.

The children listened really well and took part brilliantly. We encourage you to talk with your child about what they learned—they may enjoy sharing their ideas with you!



Derby High School Hosts Successful Y3/4 Rounders Festival

On a bright and energetic afternoon, Derby High School proudly hosted a fantastic Y3/4 Rounders Festival on our school field. The event, organised in partnership with Derby County Community Trust, welcomed young athletes for an afternoon of skill-building, teamwork, and spirited competition.

The festival focused on player development, with a series of training sessions designed to introduce and improve core rounders skills. Coaches from Derby County Community Trust led the sessions, offering expert guidance and encouragement to all players involved. The enthusiasm and determination shown by the pupils throughout the afternoon was truly impressive.

Following the development sessions, our Year 3 and 4 team took on a local primary school in a friendly but competitive match. Despite a tough start and narrowly losing the first innings 6-9, our team showed resilience, focus, and teamwork to rally back in the second innings. With excellent

fielding and some fantastic batting performances, Derby High School turned the game around, eventually claiming a deserved 16-11 victory overall.

It was a wonderful afternoon filled with learning, fun, and sporting spirit. A huge thank you to Derby County Community Trust for delivering such an engaging and valuable event, and to all the pupils and staff who supported and participated. We're incredibly proud of our young team and look forward to more opportunities to grow and compete together in the future.



Usborne Books

On Tuesday 20th May, there will be a display of Usborne books in the Junior playground after school. (This will be in the Infant Hall if the weather is not kind to us!)

You can buy books at this event, but there will also be opportunities to buy or order these books online during the half term holiday. (The link will be sent out next week.)

Please come and look at the exciting range of summer activity books, as well as fiction and non-fiction books.



Second Hand Uniform Shop – May Half Term Holiday

Appointments for the Second-Hand Uniform Shop can now be made for during the May half term holiday. If you would like to book an appointment, please email Mrs. Holland on sholland@derbyhigh.derby.sch.uk or call main reception on 01332 514267. Thank you.

Adanna's Gymnastic Success

Adanna, Year 3, has been working incredibly hard on her gymnastics, and all that dedication has paid off—she's recently passed her Grade 1 and Grade 2 at Mickleover Gymnastics! Well done! Keep up the hard work



Sophia's Blue Peter Badge

Sophia, Year 1, has been awarded a Blue Peter Badge, and she is incredibly proud of this amazing achievement! So much so, she's now determined to collect as many Blue Peter Badges as she can.

These special badges are awarded to children who show creativity and imagination—whether through sending in interesting letters, writing stories or poems.

Congratulations, Sophia! We're so proud of you and can't wait to see what you come up with next.



Dayal's 25m badge

Congratulations to Dayal, Year 1, who has achieved his 25 metres swimming badge. Well Done Dayal, we are very proud of you. Keep up the hard work!



Aashwini's 400m badge and Grade 2 Violin Exam

Aashwini, Year 4, has had two successful achievements this week. She achieved her 400 metres swimming badge as well as her Grade 2 Violin ABRSM Exam, which she achieved a remarkable distinction in!

A massive congratulations to Aashwini. Keep up the hard work.



Maya and Sophie's Success

Maya, Year 3, and Sophie, Year 1, have been working very hard on their sporting activities, and their efforts have paid off! Both have recently been awarded the Blue Award in gymnastics. Well done to you both on this fantastic achievement!

In addition, Maya has also earned her Swimming Challenge Silver Award. Congratulations, Maya, a great accomplishment!



Bright Star Sports Junior Badminton Tournament

Please note: This is not run by Derby High School.



JUNIOR BADMINTON TOURNAMENT
Saturday 21st June 2025
AGE: U/11 School Years 4,5,6
U/13 School Years 7,8
U/16 School Years 9,10,11
TIME: FROM MIDDAY
Invitation: Non - County Level
Singles and Doubles Tournament
Enquiries and to enter: email:
derby@brightstarsports.com



DERBY ARENA
ROYAL WAY
DERBY DE24 8JB



Rosehill Meths Junior Cricket Club

Please note: This is not ran by Derby High School.

Rosehill Meths Junior Cricket Club

We are looking for Girls of Year 6/7 to come and join our girl's squad, whether you have played or not and are interested in having a go. So come and join our team, we play our games on Tuesday nights.

**Girls Training Night is every
Wednesday from 6.15pm**

And its Free

**So come on down to our ground
159-161 Littleover Lane, Littleover. DE23 6JL**

For information contact Steve Glover Junior Co-Ordinator
07397 555345

Safeguarding Corner

Safeguarding Podcast Episode 38, In2: Community

In this week's podcast Mrs Bellman and Mr Thornton discuss how important communities are and how belonging to a community can benefit your mental health.

To listen to the podcast please [click here](#).



For further information on this topic please see the following link;

<https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week/how-community-benefits-your-mental-health>

Sextortion

Financially motivated extortion (FMSE) is on the increase worldwide, so it's important that parents have the knowledge and tools to be able to talk to their children about this. Internet Matters have an excellent guide for parents which can be found [HERE](#). There is also a sophisticated phishing scam doing the rounds at the moment, which is masquerading as FMSE. There is a useful article here:

[‘Hello pervert’: the sextortion scam claiming to have videoed you | Money | The Guardian](#)

Dates For Your Diary

Thursday 22nd May – Year 1 trip to St Peter’s Church

Thursday 22nd May – Primary Tea – Time concert

Friday 23rd May – End of Term

Useful Links