



Primary High Notes Friday 10th October 2025

Dear Parents

It is hard to believe we are already heading into the final week before the half-term break. This half term has absolutely flown by! It has been a wonderfully busy few weeks, filled with learning, laughter and so many memorable moments across the Primary School.

This Saturday is our Senior School Open Morning, and we are delighted that so many of our Year 5 and 6 families will be joining us. It is a fantastic opportunity to look around the Senior School, meet staff and students, and see the exciting opportunities that await beyond Year 6. One of the many strengths of Derby High is the seamless transition between the Primary and Senior phases. The familiar surroundings, shared values and caring relationships help our pupils move forward with confidence when the time comes.

Best wishes,

Amy Chapman

Head

World Mental Health Day – Dress to Express

Today in primary, all pupils and staff joined in our “Dress to Express” day, wearing outfits that reflected their personalities and allowed them to show their individuality. Across all classes, children shared their ideas and thoughts on the importance of being ourselves and looking after both our mental and physical health.

Our Year 6 Charity Representatives have been busy collecting donations for their chosen charity, Derbyshire Mind. We are so grateful to all our parents and families for their generous contributions, which will help support this fantastic local organisation.

Thank you for helping us make today meaningful and fun for everyone!



Food Workshop for Year 3

Yesterday, Year 3 took part in a food workshop led by Charlotte who is a nutritionist for Chartwells. The children impressed her with their existing knowledge of the different food groups and then went on to learn about how different foods affect our bodies in both positive and negative ways. The second part of the session was a practical 'Rainbow Wraps' task where the children enjoyed creating their own healthy wraps from a variety of ingredients provided. Some tried new things for the first time including beetroot and figs and we agreed that our wraps were delicious. Many of the children said that they are going to choose some of the things they tried during the workshop from the salad bar at lunchtimes! It was a fun and successful afternoon.



Berenice's Dance Success

Over the weekend, Berenice (Year 4) took part in a dance festival, where she delivered a very impressive lyrical performance, but she also impressed the judge with her confident responses during some questioning. Berenice achieved a Gold Medal with her Performance. Congratulations!



LinkedIn – Calling All Derby High School Alumni!

Are you a former Derby High School student? We'd love to stay connected! Join our growing alumni community on LinkedIn by selecting *Derby High School* in the Education section of your profile. It's a great way to keep in touch, share your achievements, and see what fellow alumni are doing now. We look forward to connecting with you!



Sibling Photographs Reminder

A reminder to all families who have requested a sibling photograph: these will be taken on the morning of Thursday, 16th October. Further details will be shared with you early next week via Highpost.

Second-hand Uniform Shop Appointments - Half Term Break

Appointments can now be made for the second-hand uniform shop over the half term break. To book an appointment please email; uniform@derbyhigh.derby.sch.uk. Thank you.

Senior and Sixth Form Open Morning – Saturday 11th October 10am to 12:30pm

Primary parents are most welcome to join us tomorrow for our Senior and Sixth Form Open Morning, from 10:00am to 12:30pm. This event will provide an excellent opportunity for you and your child to meet our senior teaching staff and students, who will be available to answer any questions about life in the senior school. You will also be able to tour our facilities and enjoy a light brunch in The Refectory.

Thank you to all the Year 5 and Year 6 parents who have replied to a separate HighPost about this event. For parents in any other year group please do let us know if you would like to attend by emailing admissions@derbyhigh.derby.sch.uk. Thank you.



Harvest Donations - Monday 15th September to Monday 13th October

A reminder that this year we are once again collecting donations for the Padley Centre, a Derby-based charity that has been supporting people at risk of homelessness, hunger and poverty since 1985. Padley provides emergency shelter, hot meals, support services, and vital essentials to those in crisis across the city. Thank you to everyone who has so generously donated so far. If you would like to donate please send your donations in no later than Monday 13th October.



PADLEY

@ YMCA Derbyshire

October Holiday Courses – Soccerstars

Please note, this is not ran by Derby High School.



The poster features a background image of two young boys playing soccer on a green field. The boy on the left is wearing a dark blue jersey with 'QATAR AIRWAYS' on it, and the boy on the right is wearing a light blue jersey. A large white star logo with 'soccerstarsuk' inside is in the top left. Below it, the text 'OCTOBER HOLIDAY COURSES' is in large, bold, orange letters, followed by 'Mon 27th - Fri 31st' and 'For children in school years 1 to 6'. A list of benefits is on the right, and logos for Ofsted and HMRC are on the left. The bottom section is titled 'RUNNING AT A VENUE NEAR YOU' and lists seven venues with their addresses. A QR code and contact information are at the bottom right.

OCTOBER HOLIDAY COURSES
Mon 27th - Fri 31st
For children in school years 1 to 6

ALL CHILDCARE VOUCHERS AND HMRC TAX FREE CHILDCARE ACCEPTED

Ofsted Registered

- ★ Action packed fun football day
- ★ Highly qualified and trained coaching staff
- ★ Varied daily coaching schedules
- ★ Presentations with prizes
- ★ Fun themed tournaments

RUNNING AT A VENUE NEAR YOU

♥ The Pingle Academy Coronation St, Swadlincote DE11 0QA	♥ Melbourne Sports Park Cockshut Lane, Melbourne, Derby, DE73 8DG
♥ Etwall Leisure Centre Hilton Road, Etwall, Derbyshire, DE65 6HZ	♥ Kirk Hallam Community Academy Godfrey Drive, Ilkeston, Derbyshire, DE7 4HH
♥ Derby Rugby Club Haslams Lane, Derby, DE22 1EB	♥ Friesland School Nursery Avenue, Sandiacre, NG10 5AF
♥ The Long Eaton School Thoresby Road, Long Eaton, Nottingham, NG10 3NP	

www.soccerstarsuk.co.uk
footie@soccerstarsuk.co.uk
01332 368000

Scan the QR code to book

Safeguarding Corner

Episode 48 – How We Learn

In this week's episode, Mrs. Bellman and Mrs. Saunders explore the fascinating topic of how we learn. They discuss the science behind memory and information retention, and share how Derby High applies these insights to enhance teaching and learning across the school.

To listen to the podcast, [please click here](#).



For more information on this topic, please visit the following links:

[Cognitive Load Theory: A guide to the basics | InnerDrive](#)

[PiXL-Secondary-Cognitive-Load-Theory-Parent-Pamphlet.pdf](#)

Dates For Your Diary

Monday 13th October – Early Years Has Got Talent

Wednesday 15th October – Year 3 trip to Roald Dahl Museum

Wednesday 15th October – Year 6 Trip to Coventry Cathedral

Wednesday 15th October – Year 1 Autumn Day

Thursday 16th October – Sibling Photos by Alethea Simpson

Friday 17th October – Year 3 Accelerando Parents Meetings – School Cloud

Friday 17th October – Year 7 Scholarship Information sent out to Year 6

Friday 17th October – Primary House Quiz

Friday 17th October – End of Term

Useful Links